

## Core Nutrition Plus Appetite Control\*

### Before Breakfast Color Packet

Metabolic Enhancer • 2 caplets  
Thermo T • 1 caplet  
ProBiotic Restore™ ULTRA • 1 capsule

### Before Lunch Color Packet

Metabolic Enhancer • 2 caplets  
Thermo T • 1 caplet

### Take with a meal White Packet

CorePlex® • 3 caplets  
CitriSate® • 1 caplet

### Take with a meal White Packet

OmegaPlex® • 1 softgel



◀ Before  
Breakfast

◀ Before  
Lunch

◀ With a meal

◀ With a meal



14-Day Supply

Listed below are the primary function(s) of each component that makes up MNS® Max C (Maximum Appetite Control) +:



**Metabolic Enhancer\***: This key component is a blend of safe and powerful herbal extracts, vitamins and minerals that helps boost the body's energy systems while providing appetite control.\* The botanical extracts in Metabolic Enhancer support the body's ability to burn calories more effectively as well as reduce appetite.\*



**Thermogenesis (Thermo T)\***: A unique combination of tea extracts and other nutrients that enhances the body's basic metabolic rate, thereby increasing the utilization of calories and fat oxidation.\* This exclusive product contains extracts from oolong tea, black tea, white tea and green maté tea.



**ProBiotic Restore™ ULTRA**: Probiotics are beneficial microorganisms that confer health benefits on the host. ProBiotic Restore ULTRA helps replenish normal beneficial intestinal microflora to support healthy immune and intestinal function, while aiding good digestion and enhancing weight management programs.\*



**CorePlex®**: Each serving of CorePlex provides 36 vitamins, minerals and nutrients in a highly absorbable form so you can enjoy the advantages of complete core nutrition.\*



**Appetite Suppressant (CitriSate®)\***: The combination of effects supported by the appetite suppressants found in MNS Max C provides greater appetite control by influencing several biological and chemical mechanisms involving the brain and central nervous system.\*



**OmegaPlex®**: OmegaPlex is a blend of EPA and DHA omega-3 fatty acids that's high in purity and effectiveness. Omega-3s are essential for a multitude of biological and physiological functions, including proper brain development, strengthened immune and cardiovascular systems, and healthier skin and hair.\*

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

+When compared to MNS® Max 3

AdvoCare Customer Service  
800-542-4800 [www.advocare.com](http://www.advocare.com)